

Leading Causes of Death

Prince George County 2003

Cause	Number	Prince George Rate*	Virginia Rate*
Cancer	40	116.6	185.4
Heart Disease	37	107.9	198.9
Stroke	13	37.9	53.0
Unintentional Injury	12	35.0	34.6
Chronic Lower Respiratory Disease	9	26.2	40.2
Diabetes	7	20.4	21.4
Suicide	6	17.5	10.8
Septicemia	4	11.7	17.2
Chronic Liver Disease	3	8.7	8.1
Nephritis and Nephrosis (Kidney Disease)	2	5.8	16.7
Alzheimer's Disease	2	5.8	19.8
Influenza / Pneumonia	1	2.9	20.8
Homicide and Legal Intervention	1	2.9	6.2

*age-adjusted rates per 100,000 population

Heart disease and cancer were, by far, the most common causes of death in Prince George County in 2003. The risk of dying from these diseases can be lowered through lifestyle choices such as not smoking, eating fruits and vegetables, and engaging in regular physical activity. The county's fourth leading cause of death was unintentional injuries. Since deaths from injuries often occur among people under the age of 45, they result in the loss of many years of potential productive life. Motor vehicle crashes are the leading cause of fatal injuries in Virginia and the U.S.